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## 2019 North Eastern Ohio (NEO) Elementary School Ice Skating Championships

**HOSTED BY THE MENTOR FIGURE SKATING CLUB & MENTOR CIVIC ARENA**  
**March 23, 2019**

The Northern Eastern Ohio (NEO) Elementary School Ice Skating Championships will be conducted in accordance with the rules and regulations of U.S. Figure Skating and Learn to Skate USA, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating and Learn to Skate USA website.

This competition is open to all elementary age persons and younger, and is a currently registered member of LTS USA or a U.S. Figure Skating member club or an individual member in accordance with the current rulebook.

### **ELIGIBILITY/TEST LEVEL:**

Eligibility will be based on skill level as of closing date of entries. All Basic Skills 1-6 and Snow Plow Sam skaters must skate at highest level passed or one level higher

**All participants must be LTS USA members or full members of U.S. Figure Skating. Competition registration fee will include membership.**

**ENTRIES:** Entry deadline is March 10, 2019. to Sue Clemente at

Sue Clemente

7564 Fairview Ave

Mentor, Ohio 44060 or drop them off at the rink in the identified box.

**REFUND POLICY:** Entry fees will not be refunded after March 10, 2019 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. Payment of the fee will be required before the skater is allowed to participate. Notification of competition and practice ice times will be available through the Mentor Civic Arena and the MFSC Website.

**FACILITIES:** The competition will be held at the **Mentor Civic Arena**, 8600 Munson Road, Mentor, Ohio 44060  
Rink phone (440) 974-5730

The West rink measuring 85' x 200' will be used for all events. There will be skate rentals available for skaters whom do not own skates for free. There will also be male and female lockers for skater use designated.

**LIABILITY:** U.S. Figure Skating, Mentor Figure Skating Club and Mentor Civic Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

### **JUDGING SYSTEM:**

The 6.0 Majority Judging System will be used for all events

**REGISTRATION:** Registration desk will be open on Saturday, March 23<sup>th</sup> an hour before the event starts. The registration table will be located in the lobby of the Civic Center. Please register promptly upon arrival and be checked in 1 hour prior to your event.

**AWARDS:** Participants will receive medals for 1<sup>st</sup> through 6<sup>th</sup> place.

**CONTACT INFO:** If you have questions, please contact the Competition Chairperson- Sue Clemente at [sueclemente@att.net](mailto:sueclemente@att.net) cell 216-978-5072

**COMPETITION FEES:**

BUS PROGRAM or LEARN TO SKATE EVENT

\$20.00 Per event

**ADDITIONAL INFORMATION:**

The schedule of events and practice ice schedule will be posted the rink and on the Mentor FSC website at [www.MentorFSC.com](http://www.MentorFSC.com) when it becomes available. NO ADMISSION FEE WILL BE CHARGED FOR ANY EVENT

**BUS PROGRAM EVENTS**

- Each skater will perform each element when directed by a judge/referee
- To be skated on 1/2 ice
- No music

<b>Beginner</b>	<b>Advanced</b>	<b>Hockey Advanced</b>
Forward 2 ft glide	Backward Swizzles	Forward 1 ft Glide
Forward Swizzles 4-6 in a row	Forward 1 ft Glide	Hockey Stop
Backwards wiggles	Backward 1 ft Glide	C-cuts (pumps) 1 direction 4-6 in a row
Snowplow Stop	Backward Snowplow Stop	Backward Skating
Dip	Moving Forward to Backward 2ft Turn	Forward to Backward 2-ft Turn

## SNOWPLOW SAM – BASIC 6 ELEMENTS

- Each skater will perform each element when directed by a judge/referee
- To be skated on 1/2 ice
- No music
- **All elements must be skated in the order listed.**

Level	Time	Skating rules/standards
Snowplow Sam	1:00 max.	<ul style="list-style-type: none"> <li>• March followed by a two-foot glide and dip</li> <li>• Forward two-foot swizzles, 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles, 2-6 in a row</li> </ul>
Basic 1	1:00 max.	<ul style="list-style-type: none"> <li>• Forward two-foot glide and dip</li> <li>• Forward two-foot swizzles, 6-8 in a row</li> <li>• Beginning snowplow stop on two-feet or one-foot</li> <li>• Backward wiggles, 6-8 in a row</li> </ul>
Basic 2	1:00 max.	<ul style="list-style-type: none"> <li>• Forward one-foot glide (no variations), either foot</li> <li>• Scooter pushes, right and left foot, 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two-foot turn in place, forward to backward</li> <li>• Backward two-foot swizzles, 6-8 in a row</li> </ul>
Basic 3	1:00 max.	<ul style="list-style-type: none"> <li>• Beginning forward stroking showing correct use of blade</li> <li>• Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Moving forward to backward two-foot turn on a circle</li> <li>• Beginning backward one-foot glide, either foot</li> </ul>
Basic 4	1:00 max.	<ul style="list-style-type: none"> <li>• Forward outside edge on a circle, clockwise or counterclockwise</li> <li>• Forward crossovers, 4-6 consecutive, clockwise and counterclockwise</li> <li>• Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive</li> <li>• Backward one-foot glides (no variations), right and left</li> <li>• Beginning two-foot spin, maximum 4 revolutions</li> </ul>
Basic 5	1:00 max.	<ul style="list-style-type: none"> <li>• Backward outside edge on a circle, clockwise or counterclockwise</li> <li>• Backward crossovers, 4-6 consecutive, clockwise and counterclockwise</li> <li>• Forward outside three-turn, right and left</li> <li>• Advanced two-foot spin, minimum 4 revolutions</li> <li>• Hockey stop</li> </ul>
Basic 6	1:00 max.	<ul style="list-style-type: none"> <li>• Forward inside three-turn, right and left</li> <li>• Bunny Hop</li> <li>• Basic forward spiral on a straight line (no variations), right or left</li> <li>• Beginning one-foot spin, maximum 3 revolutions, optional free leg held position and entry</li> <li>• T-stop, right or left</li> </ul>

### PRE-FREE SKATE – FREE SKATE 1-6 COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music
- The skater must demonstrate the required elements listed
- **Bonus skills from the same level or below are allowed but will not be judged elements.**
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 maximum

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max.	<ul style="list-style-type: none"> <li>• Forward inside open Mohawk from a standstill position (R to L and L to R)</li> <li>• Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>• Basic one-foot upright spin, optional entry and free-foot position - minimum 3 revolutions</li> <li>• Mazurka</li> <li>• Waltz jump</li> </ul>
Free Skate 1	1:15 max.	<ul style="list-style-type: none"> <li>• Forward stroking, 4-6 consecutive powerful strokes</li> <li>• Backward outside three-turns, right and left</li> <li>• One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions</li> <li>• Toe loop</li> <li>• Half flip jump</li> </ul>
Free Skate 2	1:15 max.	<ul style="list-style-type: none"> <li>• Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis</li> <li>• Backward inside three-turns, right and left</li> <li>• Beginning back spin- maximum 2 revolutions</li> <li>• Half Lutz</li> <li>• Salchow jump</li> </ul>
Free Skate 3	1:15 max.	<ul style="list-style-type: none"> <li>• Alternating Mohawk/crossover sequence, right to left and left to right</li> <li>• Waltz three-turns, 2 sets clockwise and 2 sets counterclockwise</li> <li>• Advanced back spin with free foot in crossed leg position- minimum 3 revolutions</li> <li>• Loop jump</li> <li>• Waltz jump/toe loop or Salchow/toe loop jump combination</li> </ul>
Free Skate 4	1:15 max.	<ul style="list-style-type: none"> <li>• Forward power 3's, 2-3 consecutive sets, right or left</li> <li>• Sit spin - minimum 3 revolutions</li> <li>• Half loop jump</li> <li>• Flip jump</li> </ul>
Free Skate 5	1:15 max.	<ul style="list-style-type: none"> <li>• Backward outside three-turn, Mohawk (backward power three-turn), both directions</li> <li>• Camel spin - minimum 3 revolutions</li> <li>• Waltz jump-loop jump combination</li> <li>• Lutz jump</li> </ul>
Free Skate 6	1:15 max.	<ul style="list-style-type: none"> <li>• Forward power pulls, minimum 3 on each foot</li> <li>• Camel, sit spin combination - minimum of 4 revolutions total</li> <li>• Waltz jump, ½ loop, Salchow jump sequence</li> <li>• Beginning Axel jump</li> </ul>

# North Eastern Ohio (NEO) Elementary School Ice Skating Competition

March 23, 2019

Last Name \_\_\_\_\_ First \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Email Address \_\_\_\_\_

Area Code/Phone # \_\_\_\_\_ Birth Date \_\_\_\_\_ Age \_\_\_\_\_

Highest Level Passed \_\_\_\_\_ Do you have a LTS USA # \_\_\_\_\_

Elementary School Affiliation \_\_\_\_\_ Grade \_\_\_\_\_

Please check the event you are entering:

## **SKATING EVENTS:**

### **Bus Program Events:**

\_\_\_\_\_ Beginner  
\_\_\_\_\_ Advanced  
\_\_\_\_\_ Advanced Hockey

### **Basic Elements:**

\_\_\_\_\_ Snow Plow Sam  
\_\_\_\_\_ Basic 1                      \_\_\_\_\_ Basic 2                      \_\_\_\_\_ Basic 3  
\_\_\_\_\_ Basic 4                      \_\_\_\_\_ Basic 5                      \_\_\_\_\_ Basic 6

### **Free Skate Compulsory:**

\_\_\_\_\_ Pre-Free Skate  
\_\_\_\_\_ Free-Skate-1                      \_\_\_\_\_ Free-Skate-2                      \_\_\_\_\_ Free-Skate-3  
\_\_\_\_\_ Free-Skate-4                      \_\_\_\_\_ Free-Skate-5                      \_\_\_\_\_ Free-Skate-6

**ENTRY FEE IS \$20** \_\_\_\_\_ Entry fee will include a LTS membership if needed

**Total: \$** \_\_\_\_\_

\_\_\_\_\_ I am interested in learning more about the Mentor Figure Skating Club