
Sunshine Invitational July 14-16, 2023

Mentor Figure Skating Club

Mentor Civic Ice Arena

I. COMPETITION OVERVIEW

The Sunshine Invitational will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), and/or current Compete USA handbook as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules.

Skaters must be a currently registered member of a U.S. Figure Skating member club, (if offering compete USA events) Learn to Skate USA member, a collegiate club or who is an individual member in accordance with the current rulebook. For non-U.S. citizens, please refer to the [rulebook](#) for more information.

The Sunshine Invitational is a part of the 2023-2024 Ohio Compete USA (Basic Skills) Series and the Tri-State Council Championship Series. Awards for the Ohio Compete USA (Basic Skills) Series will be handed out at a special awards ceremony later. Details for the Ohio Compete USA (Basic Skills) Series Awards will be posted on the GCC website at www.clevelandskating.org.

COVID-19 INFORMATION:

For the most recent U.S. Figure Skating COVID-19 policy requirements, [CLICK HERE](#). Include any relevant policy implementation details here for your attendees.

II. ELIGIBILITY

TEST LEVEL:

As of December 1, 2022, singles athletes may opt to accelerate their test progression within U.S. Figure Skating and thus compete at level(s) best suited for their technical skillset. Athletes must still meet the minimum requirements for each level and additionally.

Eligibility Notes:

1. The singles free skate test levels will remain as a minimum requirement to compete.
2. Athletes may not skate down in any event.
3. This update does NOT apply to Adult, Showcase and Solo Dance.

If an athlete, coach, parent and/or guardian needs assistance with confirming their eligibility, email events@usfigureskating.org or refer to information sheet [HERE](#).

Age Restrictions/requirements:

Singles free skate events have the following requirements.

- Juvenile Girls- 12 years of age or younger; Boys- 13 years of age or younger
- Open Juvenile Girls- 13 years of age or older; Boys- 14 years of age or older
- Intermediate must be under the age of 18
- Adults must be 21 years of age or older.

Skaters entering pre-juvenile and lower events will be divided as closely as possible by age, should the number of entries allow it.

EVENTS OFFERED:

[Program requirements for the events listed below can be found here: usfigureskating.org – Skate – Compete – Program Requirements](#)

(If offering singles events) NOTE: Skaters may not enter an Excel and Well-Balanced free skate events at the same competition.

SINGLES	JUDGING	1st Event Price	2nd Event Price
Excel Free Skate (IJS-Excel Prelim-Senior & Plus Events)	IJS & 6.0	6.0 \$90/IJS \$120	6.0 \$55/IJS \$65
Well Balanced Short Program	IJS	\$120	\$65
Well Balanced Free Skate (IJS-Prelim-Senior)	IJS & 6.0	6.0 \$90/IJS \$120	6.0 \$55/IJS \$65
Combined: Short Program & Free Skate (Junior & Senior)	IJS	\$120	\$65
Adult Free Skate (Adult Pre-Bronze –Silver 6.0/Gold Master Jr/Sr IJS)	IJS & 6.0	6.0 \$90/IJS \$120	6.0 \$55/IJS \$65
Adult Beginner & High Beginner Free Skate	6.0	\$90	\$55
SPECIALTY	JUDGING	1st Event Price	2nd Event Price
Compulsory Moves (No Test–Senior)	6.0	\$90	\$55
Excel Compulsory Moves (Excel Beg.–Excel Prelim.)	6.0	\$90	\$55
Adult Compulsory Moves (Adult Beginner–Masters Jr/Sr)	6.0	\$90	\$55
Jumps Challenge (Beginner–Senior)	6.0	\$90	\$55
Adult Jumps Challenge (Adult Beginner–Masters Jr/Sr)	6.0	\$90	\$55
Spins Challenge (Beginner–Senior)	6.0	\$90	\$55
Adult Spins Challenge (Adult Beginner–Masters Jr/Sr)	6.0	\$90	\$55
Step Sequence (Pre-Pre.–Senior)	6.0	\$90	\$55
Adult Step Sequences (Adult Pre-Bronze–Masters Sr)	6.0	\$90	\$55
SHOWCASE	JUDGING	1st Event Price	2nd Event Price
Emotional Performance (No Test – Senior, Adult)	CJS	\$90	\$65
Choreographic Artistry (No Test - Senior, Adult)	CJS	\$90	\$65
Lyrical Pop (No Test - Senior, Adult)	CJS	\$90	\$65

Character Performance (No Test - Senior, Adult)	<i>CJS</i>	\$90	\$65
Comedic Impressions (No Test - Senior, Adult)	<i>CJS</i>	\$90	\$65
Duets/Trios (No Test – Senior, Adult)	<i>CJS</i>	\$90	\$65
Interpretive	<i>CJS</i>	\$90	N/A
COMPETE USA EVENTS	JUDGING	1st Event Price	2nd Event Price
Snowplow Sam-Basic 6 Program w/ Music	<i>6.0</i>	\$65	\$25
Pre-Free Skate – Free Skate 1-6 Program w/ Music	<i>6.0</i>	\$65	\$25
Excel Free Skate (Beg. – Preliminary Plus)	<i>6.0</i>	\$65	\$25
No Test – Preliminary Free Skate (*offer if LTS only)	<i>6.0</i>	\$65	\$25
Adult 1-6 Program w/Music	<i>6.0</i>	\$65	\$25
Adult Free Skate (Beg. – Bronze)	<i>6.0</i>	\$65	\$25
Snowplow Sam – Basic 6 Elements	<i>6.0</i>	\$65	\$25
Pre-Free Skate – Free Skate 1-6 Compulsory Moves	<i>6.0</i>	\$65	\$25
Excel Compulsory Moves	<i>6.0</i>	\$65	\$25
Adult 1-6, Beginner – Bronze Compulsory Moves	<i>6.0</i>	\$65	\$25
Compete USA – Showcase	<i>6.0</i>	\$65	\$25

SKATESAFE COMPLIANCE:

For full details about SkateSafe compliance at U.S. Figure Skating competitions, refer to the U.S. Figure Skating SkateSafe webpage: www.usfigureskating.org/skatesafe.

COACHES

To be an eligible coach at a nonqualifying competition, coaches must meet the applicable compliance requirements and verified by U.S. Figure Skating. Coach compliance falls into three categories, Coach/Choreographer, Learn to Skate USA Instructor, or Foreign Coach/Choreographer. Details regarding compliance requirements can be found [HERE](#). All compliance requirements must be met at the time of check-in to access the competition, no exceptions.

Minor athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport™ Training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be SkateSafe compliant until they have completed the training and their Members Only portal reflects completion. Please email skatesafe@usfigureskating.org for instructions or questions regarding parental consent.

III. REGISTRATION INFORMATION

Secure online registration and credit card payment will be available at: Entryeze. Deadline for entries: **11:59 pm on June 20, 2023**. No late entries will be accepted for the competition. There is no paper registration.

REFUND POLICY:

Entry fees will not be refunded after the deadline date unless no competition exists, or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available by email through Entryeze.

FACILITIES:

The competition will be held at the Mentor Civic Ice Arena, 8600 Munson Road, Mentor, Ohio 44060, rink phone (440) 974-5730. The East Rink will be the only surface in use for the Sunshine Invitational Competition including all Compete USA Events.

MUSIC SUBMISSION/UPLOAD:

Competitor's music will be uploaded through Entryeze. A duplicate CD should be readily available if a problem should arise.

Competitors must also have available a backup copy of their competition music on a cell phone and it must be immediately available rink side whenever the skater competes. If the phone does not have the standard round headset connector, an appropriate adapter, such as an Apple Lightning connector or Samsung USB-C adapter is required to be attached. The phone should be presented to the music person with the file ready to play, phone in airplane mode and volume turned to maximum.

PLANNED PROGRAM CONTENT (PPC) SUBMISSION/UPLOAD – FOR IJS EVENTS ONLY:

Include instructions as to how attendees will provide your competition with their Planned Program Content (PPC). Include details about any online uploads including deadlines or where PPC is to be dropped off on-site. PPC Paper form, [click here](#).

LIABILITY:

U.S. Figure Skating, Learn to Skate USA, Mentor Figure Skating Club and Mentor Civic Ice Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

IV. COMPETITION DETAILS

LOCKER ROOMS AND CHANGING AREAS:

IF OFFERING LOCKER ROOMS AND CHANGING AREAS (GENERAL LOCKER ROOMS):

Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for athletes under 11 years old that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy and the SkateSafe Handbook (both found on the [U.S. Figure Skating SkateSafe page](#)).

Policy and any exceptions can be found starting on page 12 of the [SkateSafe Handbook](#).

SCHEDULE

Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

PRACTICE ICE:

Practice ice will be made available for purchase through Entryeeze.

ONSITE CHECK-IN:

Check-in will open on Friday, July 14th at 3 pm and end Sunday, July 16 at the end of competition. The registration table will be on the lobby of the Civic Center. Please register promptly upon arrival and be checked in 1 hour prior to your scheduled event.

AWARDS:

Participants will receive medals for 1st through 4th place. Basic Skill events will receive medals for 1st through 6th place. Ladies Juvenile Free Skate 1st will receive the Linda & Henry Brown Honorary Award. If numbers warrant the long program will be skated for final rounds for Juvenile, Intermediate, Novice, Junior and Senior levels. Medals for the different placements will be picked up at the registration desk in the main lobby of the arena. Results for all events will be posted online by way of using the competition's QR code.

VOLUNTEER INFO:

VOLUNTEER COMPLIANCE:

Reminder: Compliant positions at all U.S. Figure Skating events include key LOC members, locker room monitors and ALL medical event personnel. [Click here for volunteer compliance information.](#)

PHOTO/VIDEO:

Action photos and video will be available from ***828 Studios***. A DVD of your performance will be provided five days after the competition is complete. Action photos will be taken of all performances. Please see the ***828 Studios*** posters and vendor table at the competition for more details on ordering your action photos. Personal videotaping may only be done from the stands with hand-held cameras- no lights, tripods or taping permitted at rink side. Photographs may be taken of the skater while performing. **WITHOUT A FLASH ONLY.**

ADDITIONAL INFORMATION:

HOTELS:

- Best Western Plus Lawnfield Inn & Suites
8434 Mentor Ave, Mentor, OH 44060
- Holiday Inn Cleveland Northeast Mentor
7701 Reynolds Rd., Mentor OH 44060
- Residence Inn by Marriott Cleveland-Mentor
5660 Emerald Ct, Mentor OH 44060
- Holiday Inn Express & Suites Painesville-Concord
11200 Gold Court, Painesville OH 44077
- Four Points by Sheraton Cleveland-Eastlake
35000 Curtis Blvd., Eastlake, OH 44095
- Hampton Inn & Suites Cleveland- Mentor
5675 Emerald Ct., Mentor, OH 44060
- Wingate by Wyndham at LaMalfa
5783 Heisley Rd, Mentor OH 44060
- Comfort Inn
7581 Auburn Rd., Painesville, OH 44077
- Hilton Garden Inn Cleveland East/Mayfield Village
700 Beta Dr., Cleveland, OH 44143

CONTACT INFORMATION:

For questions, please contact the following individuals:

Competition Chair:	Malia Harwood	mfscsunshineinvitational@gmail.com	440-231-3956
Chief Referee:	Jamie Hebert	jehebert@hotmail.com	Phone