



440-205-8498

Subject: 2008 MFSC Fall Ice Contract August 25, 2008 – December 20, 2008  
July 28, 2008

Dear Skater,

Enclosed is the MFSC Fall Ice Contract for sessions from August 25, 2008 through December 20, 2008. Our comprehensive program reflects the ongoing effort to offer the best skating opportunities for all levels of skaters. Please refer to the contract packet for additional contract details or our web-site – [www.mentorpsc.org](http://www.mentorpsc.org). Also, note the use of the “Fit Skater Center” and Dartfish at no additional cost for our contracted skaters! Please read the contract carefully.

Due to the positive feedback for the Summer Contract, we are again offering discounts for those that pay in full and mail their contract on time. The contract should be mailed to Amy Burkhardt (address below) with a postmark on or before August 14, 2008. If a contract session you have requested has been filled, we will work with you to identify alternatives. **To be considered on-time the contract must be completely filled out, signed, and the required payment received on or before August 14, 2008. Late contracts will not be guaranteed requested placement.**

**Please note your contract will be processed only if you are a USFSA member with a current membership and in good standing.** Each contracted skater must be a home MFSC club member or an associate club MFSC member with their membership renewed for 2008/2009 season. Membership applications can be found on our website.

**Highlights of the Fall 2008 contract include:**

- Weekday morning ice will be offered Monday through Friday from 6:00 – 8:00 am.
- On ice clinics: These 15 minute clinics will each have a different focus. We are offering Debi’s Cool Tools Clinic on Tuesday evenings, Daria’s Style Clinic on Thursday evenings and a power/stroking clinic led by our Junior Pro staff on Saturday mornings.
- Off ice clinics will be offered and have been designed with skater core conditioning and strengthening in mind. Please refer to the clinic page for complete description and level restrictions.
- We will once again offer twice weekly sessions for those Basic Skills skaters (versus all other sessions requiring that Basic 6 skills have been mastered). No Doubles allowed on these Basic Skills sessions.
- Also offered will be **high freestyle/dance** sessions twice weekly. Please note that these sessions will be open to those who have PASSED ANY of the following tests: **Juvenile Freeskate, Intermediate MITF, or all Bronze dances.** Requests for exceptions must be submitted to the Ice Administrators in writing (email preferred) and will be made with skater safety and economic feasibility in mind.
- Use the enclosed form to circle the sessions you are requesting. *The first payment plus registration fee is due by August 14, 2008 to reserve your seniority basis.* All payments are to be sent directly to:

Amy Burkhardt  
Re: Fall Contract  
38335 Crossbrook Ave.  
Willoughby, OH 44094

**Review your contract with your Pros and have them sign the contract before submitting.** If you have questions about these sessions, please contact your Pro, Amy Burkhardt [burkhardt5@sbcglobal.net](mailto:burkhardt5@sbcglobal.net) (preferred)/ 440-954-9214, or Deanna DiCola [drdicola@sbcglobal.net](mailto:drdicola@sbcglobal.net) /440-257-7275.



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## Terms and Conditions

- **MEMBERSHIP** - Contracts will only be processed for current MFSC Home and Associate members in **good standing (which means that your Previous Ice Accounts MUST be paid in FULL)**.
- **CONTRACTS** -
  - Contracts are binding for the **entire** contract period. If a contract is submitted after the start of the contract period beginning August 25, 2008 the contract **will not be prorated** for the week you submit the contract unless you are a newly contracting skater or if it is after 10/01/08. Credits will be issued for any sessions missed due to turning in the contract after the session start date of August 25, 2008.
  - Release from a contract requires a MFSC Board decision
    - Injury / Illness confirmed with signed documentation by a physician
    - Written request directly to the MFSC Board
    - Two weeks are reduced from all affirmative requests
  - Late contracts will not be guaranteed requested placement
  - Sessions will be contracted based on: 1.) MFSC contract seniority if contract received **on or before** the deadline; 2.) MFSC Home Club membership; 3.) Availability
- **PAYMENTS** – (Please be advised that the following payment schedule and late payment process will be strictly adhered to)
  - Make check or money order payable to **Mentor Figure Skating Club (MFSC)**.
  - Payment of the registration & 1<sup>st</sup> third of this contract is due with your registration on August 14, 2008.
  - **The second payment is due October 1 and final payment November 1, 2008.** Unless it is the final payment, all payments will be at least \$100 or 1/3 of contract whichever is greater.
  - **Late Payment Process**
    - **Due Date – payment is received by the ice administrator at the address listed below**
    - **Fee of \$20 will be assessed for all late payments beyond 5 days of the due date**
    - **Fee of \$20 will be assessed for all NSF checks**
    - **Skaters that are more than 10 days late with any payment will not be permitted to skate during MFSC sessions or participate in club sponsored functions such as test sessions or competitions**
  - If you cannot meet the payment schedule, contact the Ice Administrator **BEFORE** the payment due date and make arrangements for payments.

**MAIL PAYMENTS to: Mentor Figure Skating Club  
c/o: Amy Burkhardt  
38335 Crossbrook Ave.  
Willoughby, OH 44094**

- **SESSION CAPACITY** – 24 Skaters per session maximum; 12 maximum per off-ice session.
- **CLINIC SESSIONS** – Scheduling is subject to change for both on and off ice clinic sessions due to insufficient enrollment to cover cost. Also, additional off-ice classes may be scheduled if demand is sufficient. Please refer to the clinic description page for class requirements.

### **OTHER IMPORTANT INFORMATION!!!!**

**NO ICE IS CONTRACTED ON** Monday 9/1 (Labor Day), Saturday 9/20 (IBIM Parade), Friday 9/26 pm only, Saturday 9/27 (Hockey Tournament), Friday 10/17 pm only (Nautica Fundraiser), Friday 10/31 pm only (Halloween), 11/27-29 (Thanksgiving)

**Testing Dates:** 8/21, 11/4, 12/19, 1/26, 3/27, and 5/1.

**Competitions:** Skate Cleveland: 9/6-7, Regionals: 10/10-14, Rising Stars: 11/7-9, Brooklyn: 11/22-23



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## MFSC Fall 2008 On Ice Clinics

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### DEBI'S COOL TOOLS ON ICE CLINIC

This unique 15 minute clinic taught by Coach Debi Gamber will focus on edges, extension, power, transitions, turns, and basic step sequences. Skaters will build a tool kit of skills that will enhance their performance in competitions and tests. This clinic has been offered alone and between free style sessions to encourage the skaters to skate multiple sessions. Offered Tuesdays 4:45 – 5:00 pm. **Open to skaters of all levels.**

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### DARIA'S STYLE ON ICE CLINIC

This unique 15 minute clinic taught by Coach Daria Classen will focus on the element of Choreography including presentation, arm position, edges and footwork. She will emphasize edges needed in footwork to meet the new USFSA rules and the IJS judging system. This clinic has been offered alone and between free style sessions to encourage skaters to skate multiple sessions. Offered Thursdays 6:30 – 6:45 pm. **Open to skaters of all levels.**

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### POWER-STROKING ON ICE CLINIC

This unique 15 minute clinic taught by members of the MFSC Junior Pro staff will focus on the element of power and stroking. Endurance and speed to condition the skater as well as proper stroking techniques will be emphasized. This clinic has been offered alone and between free style sessions to encourage the skaters to skate multiple sessions. Offered Saturdays 10:45 – 11:00 am. **Open to skaters of all levels.**

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### DARTFISH

Dartfish will be made available to every contracted skater throughout the contract at no additional cost! This technology provides an immediate feedback opportunity for the skater and coach. The goal for Dartfish is to make this tool available for as many, if not all, freestyle sessions. Please inquire with your coach regarding the tremendous impact that Dartfish can have on you.

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### MENTOR FIT SKATER CENTER

Don't forget about the "Mentor Fit Skater Center". The Center is located in the East Rink and can be used during the skating season for skaters to use to warm up/cool down or for strength and conditioning any time while there is a club ice session. Parent members may also use this area while their skater is on the ice if not interfering with skater use. All that is necessary is to sign in with the ice monitor if a liability waiver has been completed and an orientation session was completed.

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## Fall 2008 Off-Ice Clinics

All off-ice clinics will have schedules lasting 12 weeks. Make-up classes will be made available by the coach and will only occur if the entire class was cancelled.

### Off-Ice Clinic and On-Ice Clinic Credits

The MFSC has continued to offer the flexibility of requesting off ice and on ice credits when needed. As we have done in the past, skaters will be able to request credit when unable to attend sessions they are registered for. **Off ice clinics will be worth 2 credits and the on ice power stroking or the on ice choreography clinic will be worth 1 credit.** The clinic credits will be tracked separately from the regular open free skating sessions and may only be used towards off ice/on ice clinics. Per MFSC rules, credits may only be requested during the week (beginning Sunday) of the session by leaving a message on the MFSC answering machine (205-8498), or requesting a monitor to make an exchange. Credits may only be requested up to 30 minutes before the session. All session or clinic Credits requested less than 30 minutes before the clinic or ice session will not be granted.

### **High Jump Clinic**

**Schedule: Monday**

**4:55 – 5:35 pm**

**Instructor: Erin Paglio**

**Class Maximum: 12**

**Location: Ballet Room**

**Price \$96.00 for 12 weeks**

**Dates: 9/8, 9/15, 9/22, 9/29, 10/6, 10/20, 10/27, 11/3, 11/10, 11/17, 12/1, 12/8**

Clinic Description: This Class will incorporate the fundamentals of jump entries, core strength, air position and proper landing position. Each clinic will reinforce the lesson from the week prior while adding a new element to focus on. Participation in the high jump class is to be based upon the joint approval of the skater's primary coach and the clinic instructor. The skaters enrolled in the high jump class will begin work on the following jumps: double loop, double flip, double lutz, double axel. Please have tennis shoes and a jump rope for every class. **Open to skaters landing single axel, double salchow and double toe loop consistently. Primary coach must specifically sign off on this class in the contract that is returned to the ice administrators.**

**No class on 8/25, 9/1, 10/13, 11/24, 12/15**

### **Low Jump Clinic**

**Schedule: Wednesday**

**5:10 – 5:50 pm**

**Instructor: Sally Tasca**

**Class Maximum: 12**

**Location: Ballet Room**

**Price \$96.00 for 12 weeks**

**Class Dates: 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19, 12/10**

Clinic Description: This clinic is designed to help the skater with better body awareness, air rotation, and landing positions. Will also work on increasing vertical jump heights and upper body strength. Please have tennis shoes and a jump rope for every class. **Open to skaters of all levels.**

**No class on 8/27, 9/3, 11/26, 12/3, 12/17**

### **Pilates and more**

**Schedule: Thursday**

**4:40 – 5:20 pm**

**Instructor: Daria Classen**

**Class Maximum: 12**

**Location: Ballet Room**

**Price: \$96.00 for 12 weeks**

**Class Dates: 9/11, 9/18, 9/25, 10/2, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20, 12/4, 12/18**

Clinic Description: A flowing class combining Pilates, yoga and ballet to enhance skater's performance. Asanas will be modified to help skaters attain difficult spiral and spin variations needed for the new judging system. Strength, length and grace will be the focus. Please come **barefoot** with a yoga mat to every class. Please also have **ballet slippers** as ballet will be covered each class as well. **Open to skaters of all levels.**

**No class on 8/28, 9/4, 10/9, 11/27, 12/11**



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## MFSC Exchange Policy

The MFSC has continued to offer the flexibility of requesting off ice and on ice credits when needed. Each Contracted Skater will be allowed an equivalent number of exchange credits up to the entire value of their contract. Exchanges can be made within the week (beginning Sunday) that you are contracted but not pulled forward from a future week. Recording of exchanges must be made by a Monitor or with a Monitor's or Ice Administrator's approval. Exchange credits must be recorded both on the skater's personal exchange form **and** in the daily contracted sheets to properly record attendance status.

You must either leave a message on the answering machine or have a Monitor or Ice Administrator fill out the skater's personal exchange form up to 30 minutes prior to the requested exchange session(s). Credits requested less than 30 minutes before the clinic or ice session will not be granted. No exchanges will be made after the session has started. All exchange credits will expire at the end of the contract period that the exchanges were made. The Club's answering machine phone number is (440) 205-8498. Do NOT call the front desk at the Ice Arena; they will not take a message.

**Guidelines for Utilizing Exchanges** - If you have questions, please contact the Ice Administrator prior to assuming the solution and make note on the daily sheet detailing what has been done and/or requested.

- Separate Exchange Forms will be used for Clinic and regular ice session exchanges.
  - Total Exchanges Used must be no greater than Requested Credits earned.
  - Ice session exchanges earn 1 credit for each 15 minutes of the scheduled session.
  - Credits must be taken or used for the entire scheduled session.
  - Running Total of Used Exchanges must be < or = the running total of Requested credits made available.
  - Identify the skater, date and the session they will be missing.
  - The monitor will record the request on the skater's personal exchange form where a running total is kept and mark on the daily contracted attendance sheet.
  - All exchange credits must be used within the current contract period (no carry-overs).
  - Clinic credits can only be exchanged for clinics and will be tracked separately on a Clinic Exchange Form.
- On-Ice clinic exchanges earn 1 credit while off-ice clinic exchanges earn 2 credits.

	Session	Walk-On	Walk-On
	Contract	Contracted	Non-Contracted
60 Minutes	\$11.00	\$13.00	\$15.00
45 Minutes	\$ 8.25	\$ 9.75	\$11.25
30 Minutes	\$ 5.50	\$ 6.50	\$ 7.50
On-Ice Clinic	\$ 4.00	\$ 4.50	\$ 5.00
Off-Ice Clinic	\$ 8.00	\$ 9.00	\$10.00

## MFSC Fall 2008 Contract August 25-December 20 (see Notes)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
# weeks PM	16	17	17	16	13	14
# of Weeks AM		17	17	16	16	
6:00-8:00am		Open Free	Open Free	Open Free	Open Free	
10:30-10:15						Open Free- 45 10:00-10:45am
10:15-10:30						
10:30-10:45						Power Clinic
10:45-11:00						
11:00-11:15						Open Free-45 11:00-11:45am
11:15-11:30						
11:30-11:45						
4:00-4:15		Open Free- 45 4:00-4:45			High Free-60 4:00-5:00	
4:15-4:30						
4:30-4:45						
4:45-5:00		Cool Tools Clinic				
5:00-5:15		Basic Skills-45 5:00-5:45			Open Free-30 5:00-5:30	
5:15-5:30						
5:30-5:45					Basic Skills-30 5:30-6:00	
5:45-6:00	Open Free-45 5:45-6:30			Open Free-60 5:30-6:30		
6:00-6:15			Open Free-60 6:00-7:00			
6:15-6:30						
6:30-6:45	Open Free-30 6:30-7:00			Style Clinic		
6:45-7:00						
7:00-7:15	High Free-60 7:00-8:00		Open Free-45 7:00-7:45	Open Free-45 6:45-7:30		
7:15-7:30						
7:30-7:45						
7:45-8:00						
Off-Ice *		High Jump - Erin 4:55-5:35pm		Low Jump - Sally 5:10-5:50pm	Pilates - Daria 4:40-5:20pm	

**Notes:** ☺ Please refer to the Off-Ice Description Page for Dates and Details.

☺ Off ice classes will start September 8.

☺ NO ICE IS CONTRACTED ON Monday 9/1 (Labor Day), Saturday 9/20 (IBIM Parade), Friday 9/26 pm only, Saturday 9/27 (Hockey Tournament), Friday 10/17 pm only (Nautica Fundraiser), Friday 10/31 pm only (Halloween), 11/27-29 (Thanksgiving)

	Session Contract Rate	Walk-On Rates	
		Contracted	Non-Contracted
60 minutes	\$11.00	\$13.00	\$15.00
45 minutes	\$8.25	\$9.75	\$11.25
30 minutes	\$5.50	\$6.50	\$7.50
On Ice Clinic	\$4.00	\$4.50	\$5.00
Off Ice Clinic	\$8.00	\$9.00	\$10.00

Open Free Session	Open to all levels (Basic 6 and up).
High Free Session	Open to skaters who passed either Juvenile FS OR Intermediate MITF OR all three Bronze Dances.
Basic Skills Session	Open to skaters Basic skills and above. No doubles allowed on this session. Must have passed Basic 1 or Tot 1 minimum.
All on ice 15 Minute Clinics	Open to all levels (Basic 6 and up).
Jump - High off ice Clinic	See clinic description page for restrictions. Location: Ballet room.
Jump - Low off ice Clinic	Open to all levels (Basic 6 and up). Location: Ballet room.
Daria's Pilates & More Clinic	Open to all levels (Basic 6 and up). Location: Ballet room.



440-205-8498

2008 MFSC FALL CONTRACT SUMMARY		
MFSC Fall ice contract starts August 25, 2008 and ends December 20, 2008		
Formula description	Formula	Calculated amount
C = Contract Amount – (All Off & On-Ice Costs) (see schedule and price form for value)	C=	C =
<b>OT = On Time discount 2%. Multiply C by (0.02) if contact is postmarked by 8/14/08</b>	<b>OT = (C * 0.02)</b>	<b>OT =</b>
<b>PIF = Paid in Full discount 2%. Multiply C by (0.02) if paying in full AND contact is postmarked by 8/14/08</b>	<b>PIF = (C * 0.02)</b>	<b>PIF =</b>
TOTAL = Total Summer Contract Amount including applicable discounts	<b>TOTAL = C – OT – PIF</b>	<b>TOTAL =</b>

2008 MFSC FALL CONTRACT PAYMENT SCHEDULE		
Registration Fee (*see note) – MFSC Member (Home or Associate) - \$25 for first skater & \$10 for each subsequent family skater.	<b>FEE*=</b>	
Total payment if Paying In Full (discounts only apply if postmarked by 8/14)	<b>TOTAL +FEE=</b>	
Total 1 <sup>st</sup> Payment – Postmarked by 8/14/08 Payment must be 1/3 of contract or at least \$100 (whichever is higher)	<b>TOTAL / 3 + FEE</b>	
2 <sup>nd</sup> Payment–Due 10/01/08, 3 <sup>rd</sup> Payment–Due 11/01/08 All payments must be 1/3 of contract or at least \$100 whichever is higher (unless it is the final payment)!	<b>TOTAL/ 3</b>	

Note: \* Registration Fee is a **contract registration fee** not associated with membership and is paid each and every time you contract with MFSC. You must be a Home or Associate member to contract. MFSC currently has three contract periods: Fall, Winter/Spring, and Summer.

**\*\*\*\*\* The following information must be filled in completely: \*\*\*\*\***  
**\*\*\*\*\*Please fill out one form for each skater in family \*\*\*\*\***

SKATERS NAME \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_  
 Is this a new email address?

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

ZIP CODE \_\_\_\_\_ PHONE \_\_\_\_\_ USFSA # \_\_\_\_\_

HIGHEST MOVES TEST OR LTS BASIC SKILLS LEVEL PASSED \_\_\_\_\_

HIGHEST DANCE TEST PASSED \_\_\_\_\_ HIGHEST FREE TEST PASSED \_\_\_\_\_

Pro Signature for Contract/Lessons: \_\_\_\_\_ Pro Signature for High Jump Class: \_\_\_\_\_

SKATER'S SIGNATURE \_\_\_\_\_ DATE: \_\_\_\_\_

(THE ABOVE SIGNED SKATER AGREES TO ABIDE TO THE RULES OF CONDUCT SET FORTH BY THE MENTOR FIGURE SKATING CLUB AND ENFORCED BY THE ICE MONITORS.)

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

PARENT/GUARDIAN OR ADULT SKATER IF OVER AGE 18

(THE ABOVE SIGNED IS FINANCIALLY RESPONSIBLE FOR THE PAYMENT OF THE ENTIRE CONTRACT LISTED ABOVE INCLUDING LATE PAYMENT POLICIES AND FEES. ALSO, THE ABOVE SIGNED UNDERSTANDS THAT THE SKATER USES THE MENTOR FIGURE SKATING ICE TIME AT HIS/HER OWN RISK AND AGREES NOT TO HOLD THE MENTOR FIGURE SKATING CLUB, AGENTS OR REPRESENTATIVES RESPONSIBLE IN CASE OF ACCIDENT, INJURY, OR DAMAGE OF ANY PERSONAL PROPERTY.)

Skater Name:

# MFSC FALL 2008 CONTRACT SCHEDULE & PRICES

Starts Monday August 25, 2008 and ends Saturday December 20, 2008

**PLEASE CIRCLE EACH SESSION WITH A PEN OR PENCIL THE SESSIONS YOU ARE SKATING.**

Please one form for each skater in family.

			Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b># Weeks pm sessions</b>			16	17	17	16	13	14	
<b># Weeks am sessions</b>				17	17	16	16		
Time	Duration	Session							
6:00 - 6:15am	15	Open Free		\$46.75	\$46.75	\$44.00	\$44.00		
6:15 - 6:30am	15	Open Free		\$46.75	\$46.75	\$44.00	\$44.00		
6:30 - 6:45am	15	Open Free		\$46.75	\$46.75	\$44.00	\$44.00		
6:45 - 7:00am	15	Open Free		\$46.75	\$46.75	\$44.00	\$44.00		
7:00 - 7:15am	15	Open Free		\$46.75	\$46.75	\$44.00	\$44.00		
7:15 - 7:30am	15	Open Free		\$46.75	\$46.75	\$44.00	\$44.00		
7:30 - 7:45am	15	Open Free		\$46.75	\$46.75	\$44.00	\$44.00		
7:45 - 8:00am	15	Open Free		\$46.75	\$46.75	\$44.00	\$44.00		
10:00-10:45am	45	Open Free						\$115.50	
10:45-11:00am	15	Power Clinic						\$56.00	
11:00-11:45am	45	Open Free						\$115.50	
4:00 - 5:00pm	60	High Free					\$143.00		
4:00-4:45pm	45	Open Free		\$140.25					
4:45-5:00pm	15	Cool Tools Clinic		\$68.00					
5:00-5:30pm	30	Open Free					\$71.50		
5:00-5:45pm	45	Basic Skills		\$140.25					
5:30-6:00pm	30	Basic Skills					\$71.50		
5:30-6:30pm	60	Open Free				\$176.00			
5:45-6:30pm	45	Open Free	\$132.00						
6:00-7:00pm	60	Open Free			\$187.00				
6:30-6:45pm	15	Style Clinic				\$64.00			
6:30 - 7:00pm	30	Open Free	\$88.00						
6:45-7:30pm	45	Open Free				\$132.00			
7:00-7:45pm	45	Open Free			\$140.25				
7:00-8:00pm	60	High Free	\$176.00						
<b>Off-Ice Clinics</b>									
4:55-5:35pm	40	High Jump*	\$96.00						
5:10-5:50pm	40	Low Jump*			\$96.00				
4:40-5:20pm	40	Pilates & More*				\$96.00			
<b>Total Daily Contract Cost</b>									
<b>Total Contract Cost (Includes all sessions on and off the ice)</b>							<b>C =</b>		

\* - All sessions marked with an asterisk (\*) are off-ice clinics. 12 week Off ice clinics wil start September 8 (check schedule for weeks off)



**CIRCLE THE SESSIONS YOUR ARE CONTRACTING; Add daily totals & total for the contract.**

**NO ICE IS CONTRACTED ON Monday 9/1 (Labor Day), Saturday 9/20 (IBIM Parade), Friday 9/26 pm only, Saturday 9/27 (Hockey Tournament), Friday 10/17 pm only (Nautica Fundraiser), Friday 10/31 pm only (Halloween), 11/27-29 (Thanksgiving)**

Return this Completed Page as a Part of Registration - make a copy for your records!